



# *Ju jitsu*

## *Harmony of the World*

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Happiness is not a matter of intensity but of balance, order, rhythm and harmony



# PRESIDENT'S *Message*

Our mission is to unite Asia under our union by implementing our effective leadership and evolved motives. The key to our growth is our visionary contemplatives, as we aim to accelerate in the community of Jiu-Jitsu and rise with the support of our federation, championships, players, and their ambitions.

We aim to ensure that all our goals are tied to our vision and mission, and make it our purpose to achieve them. We aspire to host as many significant events around Asia with the contribution of numerous federations and focus on attracting more countries to unite under our union.

We look forward to your support along this journey. Whether as participants, contributors, or spectators. Ju-jitsu is a sport that welcomes all.

Abdulmunam Al Hashemi  
President  
Ju-Jitsu Asian Union



*Ju Jitsu Development*



# JUJITSU HEADQUARTER Abu Dhabi



Fahad Ali Al Shamsi

Appointed General Secretary 2014 - 2018

## Jujitsu History

Jujutsu, also known as jiu-jitsu and ju-jitsu, is a family of Japanese martial arts and a system of close combat that can be used in a defensive or offensive manner to kill or subdue one or more weaponless or armed and armored opponents

2009 - GAISF and OCA agreed to permit Ju Jitsu to compete in Asian Martial Arts Games (AMAG).

2016 - The first appearance of Ju Jitsu at the Asian Beach Games

2017 - Ju Jitsu made its first debut at the Asian Indoor and Martial Arts Games (AIMAG).

2018 - Ju-Jitsu began a brand-new chapter. When the sport was included in the 2018 Asian Games, Ju-Jitsu formally joined the Olympic movement. This issue should be preserved as a permanent record. It represents the pinnacle of Asian competitiveness and paves the way for even bigger successes in the future.

# HARMONY OF THE WORLD

Program

Harmony of the world program was founded in Tangerang City, Indonesia in January 2018 by a black belt Judoka and blue belt Brazilian Jiu Jitsu Subhan Prasandra with the support from club sponsors. It was started as a social project to support highly talented young jiu-jitsu athletes from low-income families, by providing them, in addition to Jujitsu training, with access to education, healthcare and English classes.

With a tradition in early childhood education, Subhan Prasandra, and his team of teachers, try to pass through their training centers, located in Jakarta and Banten Province, a philosophy based on over the moral values acquired from sports practice, having as mission:

***To Educate and instill with Determination, Respect and Discipline***



**SUBHAN PRASANDRA**

HIGH PERFORMANCES & INTERNATIONAL AFFAIRS  
INDONESIA JUJITSU FEDERATION



# VALUES & PHILOSOPHY

## *Jujitsu Harmony of the World*

**Harmony of the World** is a Jujitsu social program development started in Tangerang City, Indonesia by the 2018 Asian Games Jujitsu Competition Manager Subhan Prasandra and his wife Erni Krismiati.

The Jujitsu Harmony of the World philosophy goes well beyond practicing a physical activity and jujitsu is more than just a sport. Based on a moral code with universal values (Friendship, Courage, Sincerity, Honor, Modesty, Respect, Self-Control and Politeness), it brings comfort, self-esteem and mutual respect.

For decades, jujitsu has been teaching us several of these important life values. These values are present in each jujitsu lesson all around the world, where we learn and teach our jujitsu community about Courage, Respect, Modesty, Friendship, Honour, Sincerity, Self-control and Politeness.



JUJITSU HARMONY OF THE WORLD

# “TRAINING FACILITY”

by Getty Images





**SUBHAN PRASANDRA**  
FOUNDER & EXECUTIVE DIRECTOR



**ERNI KRISMIATI**  
CO FOUNDER & EDUCATOR

# OUR COMMITMENT

We are a non-governmental non-profit organization committed to translating core values from martial arts philosophy and Olympic values-based education into the daily lives of children and young people. By integrating jujitsu practice with educational programs and youth work, our aim is to foster self-confident, resilient individuals and communities, cultivating a culture of peace and non-violence.

Main focus of the program is to use jujitsu as a platform for communities to meet, collaborate and contribute to the Social Cohesion, Youth and Gender Empowerment, and Child in Indonesia.

## *Stuff that we've done...*

Since 2016, Sandro Academy through Jujitsu Harmony of the World program has held various Jujitsu competition activities such as:

### **2016**

- . Sandro Internal Cup Jujitsu Tournament
- . Ganesa Cup National Jujitsu Championship

### **2017**

- . Sandro Internal Cup Open Jujitsu Tournament
- . Arena Cup National Jujitsu Championship

### **2018**

- . GOIFEX Open National Jujitsu Championship

### **2019**

- . BJJ Jakarta Open Jujitsu Championship

### **2023**

- . Internal Cup open Friendship Tournament
- . Jakarta Open National Jujitsu Championship





# Jujitsu After School

## Program in Progress

Since the Covid pandemic era began to disappear. The Jujitsu Harmony of the World program, has started collaborating with several large schools in the Tangerang City, Banten Province. Through extracurricular activities, Jujitsu has provided very positive benefits. Some of the materials we have developed are:


1. anti-bullying program
2. basic jujitsu martial arts - self defence
3. jujitsu achievement scholarship
4. Jujitsu internal competition between collaborating schools

**Studies suggest that bullying may be the leading cause of low self-esteem in children**, and according to some surveys, less than 15% of kids actually report acts of bullying. A child's inability to stand up to a bully is rooted in profound fear for their personal safety.

### upcoming program

Sandro Cup Student Jujitsu Competition, January 2024





Even though it is not easy, we continue to strive to provide opportunities for our students to be able to take part in International Jujitsu competitions through club funding. Since 2018, we have registered some of our best athletes in several competitions, such as:

1. JJIF World Rank series Thailand Open Grand Prix (Thailand)
2. JJAU Asian Championship (Abu Dhabi & Bahrain)
3. JJIF World Championship (Abu Dhabi)
4. Abu Dhabi World Tour event (Abu Dhabi & Tokyo)

### *Is it important to participate in competition?*

The main reason to compete is that you learn a great deal by participating in a competition. A student competition is a great setting to learn in, failure does not bear any severe consequences and you can measure your skills in the subject against others, in a fail-safe environment



**FUTURES PROGRAMME**

SUPPORTING THE JOURNEY OF  
ATHLETES & COACHES



# DOCUMENTATION



## ERNI & SUBHAN

INDONESIA REPRESENTATIVE DURING JJIF CONGRESS  
WORLD JUJITSU CHAMPIONSHIP 2022



# PAST PROJECT

Some of the projects that have been carried out by *Jujitsu Harmony of the World - Sustainability Movement*

Cleanups are a great way to connect with nature and gain first-hand experience with the plastic pollution problem. It doesn't matter where you live: walk around for a few minutes - you're sure to find plastic garbage in your environment

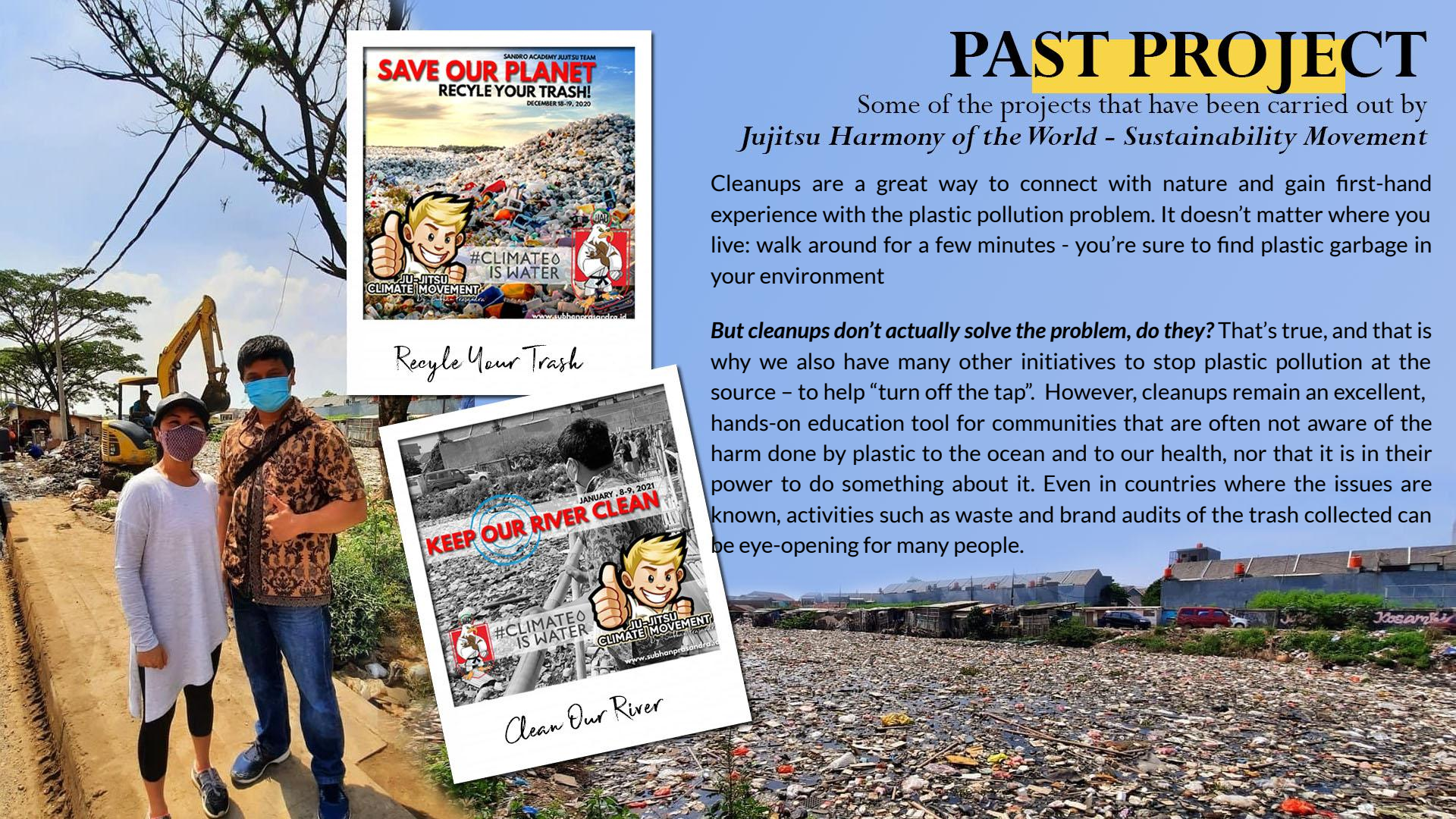
***But cleanups don't actually solve the problem, do they?*** That's true, and that is why we also have many other initiatives to stop plastic pollution at the source - to help "turn off the tap". However, cleanups remain an excellent, hands-on education tool for communities that are often not aware of the harm done by plastic to the ocean and to our health, nor that it is in their power to do something about it. Even in countries where the issues are known, activities such as waste and brand audits of the trash collected can be eye-opening for many people.



Recycle Your Trash



Clean Our River





# Let's Collaborate!

We work with leaders and teams to change mindsets, and develop behaviours that touches the hearts and minds of people they lead, in an authentic and believable

*We are passionate about making a positive difference to society through the lens of Equality, Diversity and Inclusion.*

Equality, Diversity and Inclusion are more than tick boxes to us. We are a team that have personally come up against the constructs imposed within organisations and society in general. We've decided that we can create a shift against the micro-inequities that creates divide and help organisations and leaders to create authentic inclusive workplaces and cultures by raising awareness, and inviting curiosity to understand and embrace differences. We are advocates for healthy, thriving and diverse communities where everyone can flourish and be their best and are ready to help you on this exciting journey.

## **HARMONY OF THE WORLD**

Sandro Academy d/a. Jl. Sukabakti VI No. 26 RT. 05 RW. 15 Kelurahan Sukasari, Kota Tangerang  
Provinsi Banten 15118 - Indonesia

[www.inajujitsu.weebly.com](http://www.inajujitsu.weebly.com)